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The S.A.L.T. Psychological book lesson #3
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Lesson At-A-Glance – Psychological Chapter 3

HOW TO DECIDE

Key Verse:

“Today I have given you the choice between life and death, between blessings and curses. I call on heaven and earth to witness the choice you make. Oh, that you would choose life, that you and your descendants might live!”
Deuteronomy 30:19 (NLT)

Summary:

The seven areas of life create needs, problems, and questions, which lead to making decisions. The Spirit wants you to trust God when you have needs, thank God when you have problems, and ask God when you have questions. Following the Spirit produces life. However when you make decisions following the flesh, which means you are motivated by selfishness, pride, vanity, defending your rights or fear, it produces death. God wants you to choose life.

Completed Diagram:

