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The S.A.L.T. Psychological book lesson # 2
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Lesson At-A-Glance – Psychological Chapter 2

WHERE TO FOCUS

Key Verse:

“Don’t copy the behavior and customs of this world, but let God transform you into a new person by changing the way you think. Then you will know what God wants you to do, and you will know how good and pleasing and perfect his will really is.”
Romans 12:2 (NLT)

Summary:

The world may give you rejection and tell you that you are a failure based on your appearance, ability and actions. When you focus on the world, you will feel insecure, inadequate, and guilty. God tells you that you are accepted and blameless. When you have your focus on God, you will feel confident, complete, and forgiven.

Completed Diagram:

